



## ASK THE PAIN RELIEF *Expert*

DR. GEORGE ROTH

Do you suffer from back pain, 'sciatica', hip or knee pain? Are you having challenges moving around, or playing your favourite sports? Listen to what Dr. Roth, developer of Matrix Repatterning Therapy, has to say.

***Dr. Roth, why do I have to live with pain? I have been to doctors and specialists who can't seem to help me other than to prescribe medication or to suggest surgery.***

The answer is that you don't have to live with pain. Many symptoms are not the actual cause of your pain/discomfort. **The root cause of the problem needs to be determined to help you on your road to recovery.** Let me explain...

Recent research has shown that the body is an actual Matrix. What that means is that **all parts of the body, joints, muscles and ligaments, the bones themselves and even the internal organs are interconnected** and form a continuous fabric, referred to as the Tensegrity Matrix.

How this affects your pain is that **an injury in one part of the body can lead to strain and pain in another.** Most treatments focus on the area of pain, but this frequently fails because that area may, in fact, not be the cause of your problem.



MATRIX REPATTERNING is a revolutionary form of therapy that is designed to **precisely locate the source of the problem, which results in lasting pain relief and a permanent solution to the problem.** This concept is a true scientific breakthrough, which not only explains how the body responds to injury, but also provides clues as to how it can be restored to a normal, healthy state.

Pain killers, anti-inflammatory medication and surgery may have many unwelcome side-effects, and only treat the symptoms. At the Matrix Wellness Centre we have found that **many common injuries, such as falling on our hips, knees or tailbone, often result in deeper injury, affecting bones and even the internal organs, which can lead to pain and limited movement in many parts of the body.** Matrix Repatterning is a clinically-proven method for precisely assessing these types of injuries, and correcting them with a gentle form of treatment – and, voila! – no more pain!

*"More than 20 years ago, I had a work-related injury to my right knee. I had surgery with no results. I altered my walk to compensate for the pain which caused lower back, shoulder and neck problems. I had many years of physiotherapy, chiropractic treatments, and pool therapy that helped but never cured. Since receiving Matrix Repatterning, I have had no shoulder, low back, neck or knee pain. **"Thank you Dr. Roth; you have changed my life!"** – L. D. – Mount Albert, Ontario*

**IF YOU WOULD LIKE MORE INFORMATION ON THIS BREAKTHROUGH FORM OF TREATMENT, COVERED BY MOST EXTENDED HEALTH PLANS, PLEASE CALL OR VISIT OUR WEBSITE.**



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