

# Nothing is Engraved in Stone (or Bone!)

## *New Treatment Relieves Pain and Improves Health*

**By Dr. George Roth**

Matrix Repatterning is a revolutionary therapy, which is capable of remodelling the cellular structure of the body to restore function and relieve pain. Recent x-ray evidence has demonstrated the effectiveness of this gentle form of manual therapy to restore the structural integrity of the body. It appears that Matrix Repatterning is literally capable of restoring the normal shape of bone in arthritic joints, allowing the joints to heal, in only a few short sessions. As remarkable as this seems, it is being done routinely by Certified Matrix Repatterning Practitioners (CMRP's) throughout North America.

### **Case Study:**

“Steve” is a teenage hockey player, who had experienced significant pain in his left knee for over 2 years, before receiving Matrix Repatterning (MR). Six MR treatments were provided over a 2 month period. After this series of treatments, Steve noticed the change in the size of his knees, and a marked reduction in pain. He was subsequently able to return to hockey and resume all of his normal activities. His parents remarked how delighted they were as they could once again hear the sound of Steve *running* up the stairs, instead of hobbling slowly – and painfully, as he had for the previous 2 years.

In the two sets of X-rays of Steve’s knees below, you can see the measurable reduction in the size of the bones (femur and tibia) in the left knee. Actual measurements by orthopedic specialists monitoring the condition, confirmed a reduction in the lateral size of the femoral distal head and the tibial proximal head, of almost half a centimetre.

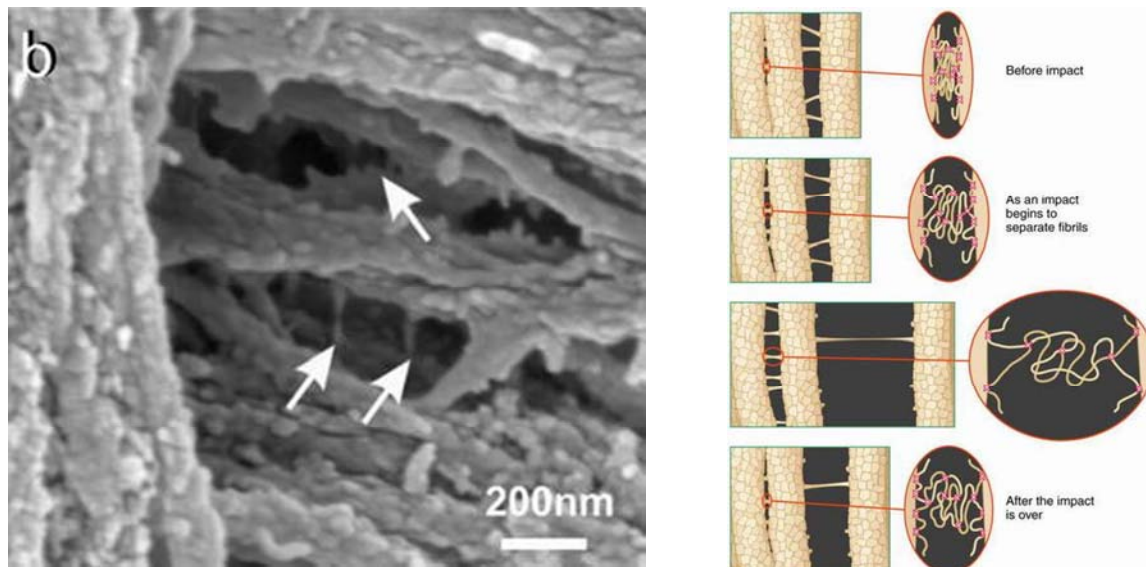


**Before Treatment**



**After 6 Treatments**

Recent evidence from the University of California, revealed by the powerful Atomic Force microscope, under the direction of physicist Paul Hansma, has clarified the cellular effects of injury within bone, resulting in enlargement (see illustrations below). This verifies what has been proposed by the developer of Matrix Repatterning, Dr. George Roth, for many years.



**Microscopic Evidence of Bone Expansion with Injury**  
Paul Hansma Lab, University of California, Berkely, 2005.

Dr. George Roth is the developer of Matrix Repatterning. He has spent over 30 years developing breakthrough treatment approaches to improve people's lives. His clinic, Matrix Wellness Solutions and the headquarters for the Matrix Institute – the educational program that provides training in Matrix Repatterning to health professionals around the world – are located in the Toronto area.

#### **About the Author:**

Dr. George Roth is an internationally renowned health care professional, lecturer and writer, and the developer of Matrix Repatterning, a breakthrough treatment system, based on the tensegrity structure of the body. He is the president of Wellness Systems Inc. and Matrix Wellness Solutions in Newmarket Ontario, and serves as the Education Director for the Matrix Institute. He provides advanced training programs for health professionals and has presented seminars at universities and medical schools throughout North America. He is the co-author of Positional Release Therapy (Elsevier, 1997), and the author of The Matrix Repatterning Program for Pain Relief (New Harbinger, 2005).

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